

The Ladybug Loop

Maggie's Place Family Resource Centre

11 Elmwood Drive, Amherst, N.S

Email: cumberland@maggiesplace.ca

Phone: 902-667-7250

Fax: 902-667-0585

Call to register for programs or for more information!

Hours of Operation:

Monday to Thursday 8:30-12:00, 1:00-4:30

Friday 8:30-12:00, Closed Saturday & Sunday



What's Happening at Maggie's? Spring 2025

Snuggle Bugs

When: Mondays 9:30-11:00am (Drop-In)

Where: Maggie's Place

Parents come together at Maggie's Place to share ideas, concerns, ask questions, and learn new information about babies, parenting, health, and child education. We offer ongoing encouragement and support to parents with babies up to 18 months old. Early childhood development programming available for families with older siblings.

Babies Come First Prenatal Class

When: Tuesdays 6:00-8:00pm; May 13th – June 17th

(Registration Required)

Where: Maggie's Place

A six-week education program for expecting parents and their support person to learn about what to expect from labour and delivery, bringing baby home, feeding their baby, and so much more! An early childhood development program & healthy snack are offered.

Parenting 101

When: Thursdays 9:30-11:00am

(Drop-In) April 3rd – June 19th

Where: Maggie's Place

Discuss a different parenting topic each week in Parenting 101! We chat about challenges, family management strategies, and community connections casually. An early childhood development program & healthy snack are offered.

CAEC with CANU

When: Tuesdays

1:00-3:00pm

(ending June 3rd)

Where: Maggie's Place

Need your Grade 12?

Need Childcare?

Join CANU at Maggie's Place & study while your child participates in an early childhood development program with our ECE staff! Registration is required.

Outreach Playgroup

Pugwash: Tuesdays @

Pugwash Library

10:00am-12:00pm

Springhill: Wednesdays @

Dr. Carson & Marion Murray Community Centre

10:00am-12:00pm

Parrsboro: Thursdays @

Fundy Geological Museum

10:00am-12:00pm

**** see calendar for dates ****

A weekly drop-in program for parents/caregivers and their 0-5-year-old children. Join us for singing, stories, fun activities, and more to learn through play & exploration. A great opportunity to connect with other caregivers and build attachment with your child in a fun and educational space with our ECE staff. A healthy snack is offered.

Pregnancy & Beyond (P&B)

Springhill: Bi-weekly Tuesdays @ Dr. Carson & Marion Murray Community Centre – 9:30-11:00am

Oxford: Bi-weekly Fridays @ Oxford Church of the Nazarene – 9:30-11:00am

Wentworth: Bi-weekly Fridays @ Wentworth Learning Centre – 9:30-11:00am

**** see calendar for dates ****

A drop-in program for pre- and postnatal families with preschool aged children to come together to socialize, support one another, and participate in fun, family-friendly activities. An early childhood development program and healthy snack are also offered.

Once Upon a Time

When: Wednesdays 10:00-11:30am (Drop-In)

Where: Four Fathers Memorial Library Amherst
Children and caregivers join us at the library for songs, dancing, and a story. A healthy snack will be offered.

Baby Friendly Drop-In

When: Thursdays 1:00-3:00pm

Where: Maggie's Place

Drop-in to chat with the Canadian Prenatal Nutrition Program staff, have your baby weighed by a Public Health Nurse, and receive information, ask questions, and obtain feeding support.

Friday Fun Playgroup

When: Fridays 9:30-11:30am (Drop-In)

Where: Maggie's Place

This program emphasizes the importance of social development, play, and positive interaction between child and caregiver, while participating in free play, circle/story time, and enjoying a healthy snack. **Prepare for outdoor play, weather permitting.**



WORKING WITH
COMMUNITIES IN
COLCHESTER &
CUMBERLAND COUNTIES



Tea & Tots

When: Wednesdays 10:00-11:30am (Drop-In)

Where: Wentworth Learning Centre

Join us for an ongoing program for parents of babies and toddlers who would like to engage with other families while learning new skills and doing fun activities. We offer information about all things related to parenting babies & toddlers while providing social interaction those littles and their caregivers. A healthy snack is provided.

River Hebert Afterschool Program (Ages 5-10)

Thursdays 2:45-4:15pm

May 1st – June 19th

Where: RHJA Community Centre

Join us for an eight-week afterschool program in River Hebert! With different activities and topics each week, children will be engaged and exploring through intentionally designed and child-led programming.

Registration is required. A healthy snack will be offered.

Garden Club (Ages 5-10)

Wentworth:

When: Tuesdays May 13th – June 17th 3:45-5:00pm

Where: Wentworth Learning Centre

Amherst:

When: Mondays May 26th – June 30th 2:45-4:15pm

Where: Amherst Community Garden (Dickey Park)

A fun and educational after-school gardening program for children ages 5-10 years. Learn about gardening, planting seeds, taking care of plants, food literacy, do art activities, and more! Registration is required. A healthy snack is offered.

Community Suppers

On the 3rd Friday* of each month, from 4:30-6:30pm, join Maggie's Place in partnership with CANU at Anglican Christ Church for a delicious supper! Free of charge and open to all community members! Join us on:

*Friday April 25th

Friday May 16th

Friday June 20th

*(April's dinner is on the 4th Friday to account for holidays)

Wentworth Community Suppers

Join us for free community suppers at the Wentworth Learning Centre! May's event will also include a Community Expo to learn more about service providers and their offerings in the community (plus prizes given away hourly!).

Thursday May 29th 2:00-5:30

Friday June 27th 3:00-5:30

Infant Massage

When: Mondays 1:30-3:00pm

June 9th – July 7th

(Registration Required)

Where: Maggie's Place

Infant Massage is a five-week family-centered program that teaches primary caregivers nurturing touch to apply in their homes. Infant Massage can provide relaxation and relief for babies, but most importantly, this interaction between parents and their babies promotes bonding and attachment, helps to build nurturing and respectful relationships. An early childhood development program and snack will be provided.

Parents Need Sleep Too Program

When: Wednesdays 1:00-2:30pm

May 21st – June 25th

(Registration Required)

Where: Maggie's Place

Have you finally gotten your children to go to bed and sleep through the night, but you still find yourself wide awake and not able to sleep? Join us for a six-week program that focuses on sleeping better and building skills to take control of your sleep! Learn strategies to relax, work on a sleep diary, and skills on working through negative sleep thoughts. An early childhood development program and snack will be provided.

Register for the 2025

EARLY YEARS SCREENING

FOR 18 MONTHS - 4 YEARS OLD

Make an appointment to talk to service providers about supports offered in Cumberland County, and complete an Ages & Stages Developmental Screening with your child!

APPOINTMENTS AVAILABLE BETWEEN 9:00AM-3:00PM

AMHERST - MAY 7TH
@ Maggie's Place - 11 Elmwood Dr., Amherst

PUGWASH - MAY 14TH
@ Pugwash District High School - 192 Church St., Pugwash

TO REGISTER CALL MAGGIE'S PLACE
902-667-7250

April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Coping Skills with CANU Wentworth 9:30-11:00	2 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Infant Massage 1:30-3:00	3 Parenting 101 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	4 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	
6	7 Snugglegebugs 9:30-11:00	8 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Coping Skills with CANU Wentworth 9:30-11:00	9 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Infant Massage 1:30-3:00	10 Parenting 101 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	11 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30 Wentworth Tax Clinic 10:00-12:00	12 Spring Fun Day @ West Highlands School Gymnasium 10am-12pm
13	14 Snugglegebugs 9:30-11:00	15 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Coping Skills with CANU Wentworth 9:30-11:00	16 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Infant Massage 1:30-3:00	17 Parenting 101 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	18 CLOSED GOOD FRIDAY	19
20	21 CLOSED EASTER MONDAY	22 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Coping Skills with CANU Wentworth 9:30-11:00	23 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30	24 Parenting 101 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	25 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30 Amherst Community Supper 4:30-6:30	26
27	28 Snugglegebugs 9:30-11:00	29 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Coping Skills with CANU Wentworth 9:30-11:00	30 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30			

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <div>Parenting 101 9:30-11:00</div> <div>Baby Friendly Drop-In 1:00-3:00</div> <div>Parrsboro Playgroup 10:00-12:00 River Hebert Afterschool 2:45-4:30</div>	<div>2</div> <div>Pregnancy & Beyond: Oxford 9:30-11:00</div> <div>Friday Fun 9:30-11:30</div>	<div>3</div>
<div>4</div>	<div>5</div> <div>Snugglegebugs 9:30-11:00</div>	<div>6</div> <div>Pugwash Playgroup 10:00-12:00</div> <div>CAEC with CANU 1:00-3:00</div> <div>Coping Skills with CANU Wentworth 9:30-11:00</div>	<div>7</div> <div>Once Upon a Time 10:00-11:30</div> <div>Springhill Playgroup 10:00-12:00</div> <div>Tea & Tots 10:00-11:30 Early Years Screening - Amherst</div>	<div>8</div> <div>Parenting 101 9:30-11:00</div> <div>Baby Friendly Drop-In 1:00-3:00</div> <div>Parrsboro Playgroup 10:00-12:00 River Hebert Afterschool 2:45-4:30</div>	<div>9</div> <div>Pregnancy & Beyond: Wentworth 9:30- 11:00</div> <div>Friday Fun 9:30-11:30</div>	<div>10</div> <div>Wentworth Hike 10:00- 12:00 @ Wentworth Learning Centre</div>
<div>11</div>	<div>12</div> <div>Snugglegebugs 9:30-11:00</div>	<div>13</div> <div>Pregnancy & Beyond: Springhill 9:30-11:00</div> <div>Pugwash Playgroup 10:00-12:00</div> <div>CAEC with CANU 1:00-3:00</div> <div>Wentworth Garden Club 3:45-5:00 Babies Come First 6:00-8:00</div>	<div>14</div> <div>Once Upon a Time 10:00-11:30</div> <div>Springhill Playgroup 10:00-12:00</div> <div>Tea & Tots 10:00-11:30</div> <div>Early Years Screening - Pugwash</div>	<div>15</div> <div>Parenting 101 9:30-11:00</div> <div>Parrsboro Playgroup 10:00-12:00</div> <div>Baby Friendly Drop-In 1:00-3:00</div> <div>River Hebert Afterschool 2:45-4:30</div>	<div>16</div> <div>Pregnancy & Beyond: Oxford 9:30-11:00</div> <div>Friday Fun 9:30-11:30</div> <div>Community Supper 4:30-6:30</div>	<div>17</div>
<div>18</div>	<div>19</div> <div>CLOSED VICTORIA DAY</div>	<div>20</div> <div>Pugwash Playgroup 10:00-12:00</div> <div>CAEC with CANU 1:00-3:00</div> <div>Wentworth Garden Club 3:45-5:00 Babies Come First 6:00-8:00</div>	<div>21</div> <div>Once Upon a Time 10:00-11:30</div> <div>Springhill Playgroup 10:00-12:00</div> <div>Tea & Tots 10:00-11:30 Parents Need Sleep Too 1:00-2:30</div>	<div>22</div> <div>Parenting 101 9:30-11:00</div> <div>Parrsboro Playgroup 10:00-12:00</div> <div>Baby Friendly Drop-In 1:00-3:00 River Hebert Afterschool 2:45-4:30</div>	<div>23</div> <div>Pregnancy & Beyond: Wentworth 9:30- 11:00</div> <div>Friday Fun 9:30-11:30</div>	<div>24</div>
<div>25</div>	<div>26</div> <div>Snugglegebugs 9:30-11:00</div> <div>Amherst Garden Club 2:45-4:00</div>	<div>27</div> <div>Pregnancy & Beyond: Springhill 9:30-11:00</div> <div>Pugwash Playgroup 10:00-12:00</div> <div>CAEC with CANU 1:00-3:00</div> <div>Wentworth Garden Club 3:45-5:00 Babies Come First 6:00-8:00</div>	<div>28</div> <div>Once Upon a Time 10:00-11:30</div> <div>Springhill Playgroup 10:00-12:00</div> <div>Tea & Tots 10:00-11:30</div> <div>Parents Need Sleep Too 1:00-2:30</div>	<div>29</div> <div>Parenting 101 9:30-11:00</div> <div>Parrsboro Playgroup 10:00-12:00</div> <div>Baby Friendly Drop-In 1:00-3:00</div> <div>River Hebert Afterschool 2:45-4:30 Wentworth Community Expo 2:00-</div>	<div>30</div> <div>Pregnancy & Beyond: Oxford 9:30-11:00</div> <div>Friday Fun 9:30-11:30</div>	<div>31</div>

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Snugglebugs 9:30-11:00 Amherst Garden Club 2:45-4:00	3 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Wentworth Garden Club 3:45-5:00 Babies Come First Prenatal Class 6:00-8:00	4 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Parents Need Sleep Too 1:00-2:30	5 Parenting 101 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert Afterschool 2:45-4:30	6 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	7
8	9 Snugglebugs 9:30-11:00 Infant Massage 1:30-3:00 Amherst Garden Club 2:45-4:00	10 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 Wentworth Garden Club 3:45-5:00 Babies Come First Prenatal Class 6:00-8:00	11 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Parents Need Sleep Too 1:00-2:30	12 Parenting 101 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert Afterschool 2:45-4:30	13 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	14
15 Last week of Snugglebugs, Playgroup, Tea & Tots, Parenting 101, RH Afterschool	16 Snugglebugs 9:30-11:00 Infant Massage 1:30-3:00 Amherst Garden Club 2:45-4:00	17 Pugwash Playgroup 10:00-12:00 Wentworth Garden Club 3:45-5:00 Babies Come First Prenatal Class 6:00-8:00	18 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Parents Need Sleep Too 1:00-2:30	19 Parenting 101 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 River Hebert Afterschool 2:45-4:30	20 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30 Amherst Community Supper 4:30-6:30	21
22	23 Infant Massage 1:30-3:00 Amherst Garden Club 2:45-4:00	24 Pregnancy & Beyond: Springhill 9:30-11:00	25 Once Upon a Time 10:00-11:30 Parents Need Sleep Too 1:00-2:30	26 Baby Friendly Drop-In 1:00-3:00	27 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30 Kick-Off to Summer 12:00-3:00 @ Dickey Park Wentworth Community Supper 3:00-5:30	28
29	30 Infant Massage 1:30-3:00 Amherst Garden Club 2:45-4:00					