** French Toast**

Ingredients:

6 Slices Whole Wheat bread

2 Eggs

1 cup Milk

¼ tsp Cinnamon

1 tsp Vanilla extract

Method:

1. Beat together eggs, milk, cinnamon, vanilla.
2. Heat lightly oiled skillet over medium heat.
3. Dunk each side of bread in egg mixture, soaking both sides. Place in pan and cook on both sides until golden. Cut into sticks to serve.