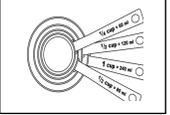




Berry Blast Smoothie

Ingredients:	
2 cups frozen berries	
1 cup plain yogurt	
½ cup orange juice	
¼ cup spinach	

Supplies:	
Measuring cups	
Blender	

Steps:

1. Measure out all ingredients and transfer into blender.
2. Blend until smooth.
3. Serve and enjoy!